

Look How Much I've Grown

Name: _____

Date: _____

Parents: We have been talking about doctors and check-ups. One of the fun things about getting regular check-ups is discovering how much you have grown! Help your child see how big he or she has gotten by helping them follow the directions on this activity. To help them predict how tall they may be when they grow up, they may want to measure your height and the heights of the other adults in your family. Have fun learning!

How long were you when you were born? Write how many inches.

How tall are you now? Write how many inches.

How tall do you think you will be when you grow up? Write how many inches.

Cut a piece of string to show your baby length. Tape the end of the string to the X.

X

Cut a piece of string to show your height now. Tape the end of the string to the X.

X

Cut a piece of string to show how tall you might be. Tape the end of the string to the X.

X

Objective: To compare height